

# Folkestone Newsletter



Opus Care  
Ltd

We support and enrich resident's lives throughout your stay with us.

## THIS ISSUE

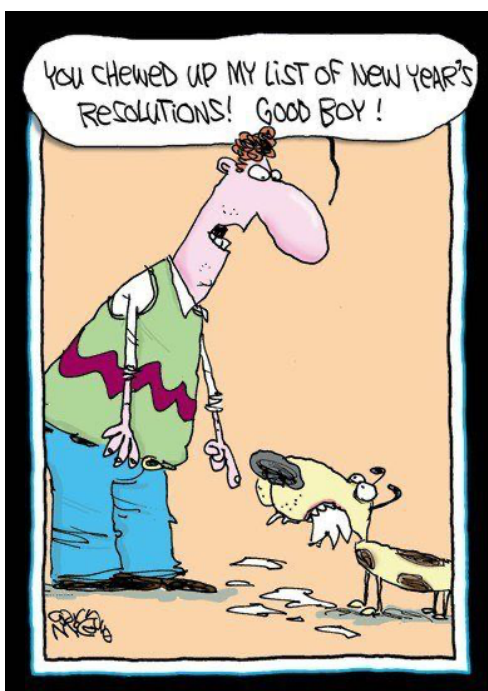
Latest news  
Festive word search  
Essential TV viewing  
Chef Focus  
Photo Gallery  
Happy New Year  
Poem  
Survey

## Merry Christmas and Happy New Year from Genevieve and all the care team

Friends and family, far and wide, can follow our news and events on our Facebook page.

@folkestonecarecentreKent

## New Year Resolution



## Welcoming new staff to our Opus Care family

Joining us at Folkestone:  
Indu Venugopal – clinical lead  
Denish Patel – senior carer  
Vikkas Gajjar – senior carer  
Gibson Gilbert – senior carer  
Shila Gurung – healthcare  
Bipana Gurung - healthcare

## STOP PRESS!!!

Congratulations to Rose Ayling-Ellis for lifting the glitter-ball trophy on Strictly Come Dancing 2021. Originally from Hythe she went to John Wallis School Ashford. Talented local lass!

## FESTIVE WORDSEARCH



Can you find the hidden words on the theme of Christmas and spot a missing word?  
The first person to hand the correct answer to reception will win a 2022 calendar.

ADVENT  
BAUBLE  
CAKE  
CANDLE  
CRACKER  
CRIB  
ELVES  
EPIPHANY  
HOLLY

IVY  
JIGSAWS  
JINGLEBELLS  
MINCEPIES  
MITTENS  
MOVIES  
SANTA  
SLEIGH  
SNOWBALLS

SNOWMAN  
SPROUTS  
STOCKING  
TINSEL  
TRADITION  
TREE  
TURKEY  
WINTER  
WISHES    WREATH

## ESSENTIAL TV VIEWING TIMES OVER CHRISTMAS

### CHRISTMAS EVE

**Carols from King's** 6.15 pm BBC TWO

### CHRISTMAS DAY

**The Queens Christmas Day Address to the Nation** 3.00 pm BBC ONE

**Paul O'Grady: For the Love of Dogs at Christmas** 5.30 pm ITV

**Call the Midwife Christmas Special** 8.00 pm BBC ONE

**The Larkins At Christmas** 10.00 pm ITV

### BOXING DAY

**Around the World in 80 Days** 5.50 pm BBC ONE

**Death in Paradise** 7.30 pm BBC ONE

### ... AND FOR SOAP LOVERS ...

#### **EastEnders**

Christmas Eve 8.00 pm, Christmas Day 9.35 pm & Boxing Day 8.00 pm BBC ONE

#### **Coronation Street**

Christmas Eve 8.30 pm, Christmas Day 8.00 pm, Boxing Day 7.30 pm ITV

#### **Emmerdale**

Christmas Eve 7.00 pm, Christmas Day 7.00 pm, Boxing Day 7.00 pm ITV



David – our wonderful Head Chef and his team

Q - What was the traditional Christmas lunch of your childhood?

A - Turkey and all the trimmings - a real traditionalist!!

Q - Are sprouts your best friend or your worst enemy?

A - Best friend and they're really good for you!

Q - Who will be cooking your Christmas lunch and how many will be coming?

A - Wife and sister-in-law for 10! I will be working (which means I'll have the pleasure of cooking for all of you, cheers!

Q - Which do you enjoy the most, Christmas or New Year and why?

A - New year, always a good party 🍷🎉

Q - What is your favourite winter warmer that you create for the residents?

A - Beef + ale pie - the plates always come back empty 😊

Q - Tell us what you enjoy the most about your work at Folkestone Care Centre

A - Interacting with our residents, there are some real characters 😊

Huge thanks to our fantastic kitchen team who work so hard all year round to bring delightful nutritious meals to all our lovely residents.



# PHOTO GALLERY Family Christmas lunch Clifton Hotel, Folkestone









## HAPPY NEW YEAR 2022

Happy New Year, Happy New Year,  
Family, friends and colleagues too  
May this new year be your best yet,  
Happiness the whole year through.

Let's all join to lift our glasses  
In a toast to everyone.  
To the old year now behind us,  
To the new year, just begun.



With warmest new year's wishes from all the staff at Folkestone Care Centre

Dear Residents and Family Members

We'd like to thank you all for reading and contributing to the newsletter. We hope you enjoy reading it as much as we enjoy writing it!

We'd love to know what features you enjoy the most and what you would like to see more of.

Please either make a note in the space below and drop it into reception or email us to share your thoughts.

We'd like to sign off with our heartfelt wishes for a happy Christmas and looking forward to the year ahead.

Julie and Donna 🧐  
marketing@opuscare.co.uk

I Like...

I'd like more of.....

Not so keen on .....